



## ONE-DAY REFRESHER COURSE/PPE FOR NEW YORK CITY HOSPITALS

### *Module 5:*

#### Donning and Doffing

Correct methods and techniques of dressing in Personal Protective Equipment will be stressed during this period. Students will be taught time-reducing donning procedures, aiding in a timely team response. Students will learn in a hands-on, step-by-step manner as the instructors methodically dresses a student. Students will also learn the correct sequences for taping gloves and boots, along with respiratory protection specific to the equipment of Coney Island Hospital.

### *Module 6:*

#### Medical pre-screening and respiratory protection programs

Medical surveillance is intended to maximize the health of the emergency workers while minimizing the health risks. This section will outline an approach toward medical monitoring, which establishes testing against normal values. Is the surveyed individual capable of enduring the tasks of the incident? What are the parameters that can eliminate the rescue worker from performing duties in PPE? We will show students how to determine the physical character and preparedness of the emergency worker by noting their hydration, sensorium, and coordination.

### *Module 7:*

#### Student donning and doffing exercise

This is a critical portion of the training. During this module, students will have time to work in teams, with the common goal of correctly dressing themselves in their facility's PPE. This is an effective training method, as it introduces the student to a real-life experience in wearing PPE for the first time. This small team approach allows not only students to wear PPE, but to help dress fellow students multiple times. Every student will be under the watchful eye of experienced Hazardous Material Specialists, who will ensure the correct techniques are used.

Each student will receive a textbook containing the covered material and a PPE donning and doffing "check list".